

MURDOCH MIDDLE SCHOOL *Public Charter School of Chelmsford*
Project Template – Health

Project Title	Sexual Health
Description	Students will gain the knowledge and skills required to make informed personal decisions that promote their physical and social/emotional health. Sexual health involves physical development, interpersonal relationships, social/emotional elements and communication skills.
Student Role	In accordance with the Massachusetts Comprehensive Health Curriculum Frameworks: by the end of 5/6th grade students will: -Identify physical and emotional changes related to puberty -Discuss the impact of peers/media on self-esteem and body image by the end of 7/ 8th grade students will: -Recognize emotional/physical changes related to puberty -Identify origins/accuracy of information in social messages promoting healthy and unhealthy behaviors especially as it relates to body image and self -esteem -Describe short/long term consequences of risk behaviors related to sexual health -Identify/define types of sexually transmitted infections, including HIV/AIDS and how they are prevented -Identify healthy vs. unhealthy relationships
MMS Outcomes	Self-Direction: Students will gain the necessary knowledge and skills to guide them towards health-enhancing decisions and behaviors. Problem Solving: Students will identify the barriers to responsible decisions and actions related to their sexual health. Effective Communication: Students will learn that communication skills are essential to building safe, long-lasting relationships and will be able to explain the importance of communication in setting limits in relationships. Community Membership: Students will identify community health services and resources.
Technology Connection(s)	Students will explore teacher selected health- related websites.
Portfolio Connection(s)	Students may choose to reflect upon their experience in Health in their portfolio.
Timeline 5/6	Start Date: 4/28/08 End Date: 6/14/08
Timeline 7/8	Start Date: 3/10/08 End Date: 4/18/08